



The Weekly Bulletin of the Summit Church of Christ

We love our visitors! We welcome you as our guest!

May 12, 2019

Summit
Church of Christ
6015 Alexandria Pike
Cold Spring, KY 41076
859.635.1141

www.summitchurchofchrist.com

*Hebrews 10:24
And let us consider one another
in order to stir up love and
good works.*

Sunday Bible Study - 10:00 am
Sunday AM Worship - 11:00 am
Sunday PM Worship - 6:00 pm
Wed PM Bible Study - 7:00 pm

Elders:

Daryl Denham - 513.310.2045
dmbdenham@yahoo.com
Billy Herald - 859.322.1021
b.ray50@hotmail.com
Tom Painter - 513.502.5375
tpainter8@me.com

Deacons/Ministry Leaders:

Adam Fuller - Community Involvement
Brad Herald - Finance
Chris Guin - Missions
Gideon Devadason - Care & Encouragement
Jeff Carnes
Jeff Schaefer - Facilities
Kevin Doerr-Visual Communication
Neville Buchanan - Administration
Steve Proctor - Education

Minister:

Neville Buchanan - 859.359.2205
nevillewbuchanan@gmail.com

Seniors' Transportation:

859.935.1978

Office Hours at Building:

Mon-Tues: 8:30-3pm
Friday: 8:30-11:30am



MENTAL HEALTH AWARENESS

Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, casting all your anxieties on him, because he cares for you. 1 Peter 5:6-7

May is mental health awareness month. One in five people struggle with mental health issues. In a congregation of about 200 people, that's 40 of us. Personally, I have a brother-in-law and two nephews who have struggled with depression, that I know of and maybe more.

The mental and physical health impacts of workplace burnout and stress are estimated to cost as much as \$190 billion per year in healthcare spending in the US. Poor work-life balance increases your risk for health conditions like sleep problems, digestive disorders, and mental health problems.

In 2018, Cincinnati Children's Emergency Department treated 8,500 people for mental health issues. Suicide is the 2nd leading cause of death in ages 10-24.

It's time to "Stop the Stigma and Start the conversation." Lauri Taylor, author of "The Accidental Truth", who spent years privately investigating her mother's murder only to learn that she had died by suicide says "mental health is the killer. Stigma is the accomplice."

If you struggle with any type of mental health issue:

First and foremost, get professional help. Talk to Neville. He is a trained counselor and an excellent resource. If he is unable to help you, he can probably refer you to someone who can help. Know that suicide is a permanent solution to temporary problem.

Know that God loves you. He wants a relationship with you. In Genesis 2, God walked through the garden in the cool of the day with Adam and Eve. God sent his son, Jesus, to reconcile us to Him in one body through the cross (Eph 2:16).

Know that God's family loves you. Jesus said, "there is no one who has left house...or mother or father...for my sake...who will not receive a hundredfold now in this time...and in the age to come eternal life." You have a family that loves you and cares for you right here, in the family of God.



Daryl, for the Elders

We ♥ Visitors



From Neville's Desk...

SIGN OF THE TIMES



This is a current offer, for your viewing pleasure: "A Netflix Film: EXTREMELY WICKED; SHOCKINGLY EVIL AND VILE."

In our day it is popular to call evil either good, a disease, or a reason to be proud. Recently I was quickly "corrected" for calling drunkenness evil – instead of a disease. But lest you feel I am the first person to be so confronted, consider the Prophet Isaiah. Israel, God's choicest, self-planted, vine was producing bad fruit (Isaiah 5:1-7). So, God lists their six sins and judgments: Greed; drunkenness; deceit; twisting truth; arrogant; & no justice (Isa.5:8-24). Specifically, in twisting the truth

God says through **Isaiah**: "Woe to those who call evil good and good evil, who put darkness for light and light for darkness, who put bitter for sweet and sweet for bitter" (5:20 -ESV)!

Isn't it crazy how we can be so vocally involved in determining the right or wrong of a Horse Race but then are silent against the prevailing evil of our day? Are we perhaps failing to "interpret the signs of the times" (Mt. 16:3)?

Friend, why would Netflix ever think anyone would want to watch a movie that is "extremely wicked, shockingly evil, and vile"?

Our Father in Heaven – protect your born-again children from the evil one. Help us to always be your positive bright shining beacons of hope. Through Jesus Christ we pray ... and the church said ... AMEN!



THE SELFLESSNESS OF MOTHERS

by Andrew Ellis

With today being Mother's Day I am sure there will be many references to Proverbs 31. While this is an appropriate place to reference, but there are several ways our mother figures have impacted each of us. Throughout our lives, there are many things that our mother figures have taught us. While there are a number of things that mothers can teach us the one that stands out to me is selflessness. To me, selflessness stands out because the mother figures in my life have always been more concerned with my well-being than their own. I believe if everyone had the selflessness that mothers show, the world would be a better place. God's Word reminds us that it is important to put others before ourselves. Philippians 2:3-4 says, **"Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own interests, but also to the interests of others."**

While it is easy to say that we will put others before ourselves, how often do we really do this? My mom and my grandmothers made this a reality every day. Are we exhibiting the same selflessness our mothers show every day? Are we displaying the selflessness mentioned in God's Word? What is stopping us from putting others before ourselves? As we go throughout our everyday lives, let us put our best effort forward to display selflessness to everyone possible.

ARK ENCOUNTER OVERNIGHT TRIP!

The Summit Youth Group will be spending the night on the Ark in Williamstown, KY on **Friday, May 31st**.

We will have the entire Ark to ourselves as we take a guided walk-through tour, do a scavenger hunt, watch a movie, and visit the live animals in the Zoo.

Sleeping arrangements are on the floor. Participants will need to bring their own bedding (i.e. Sleeping bags, blankets, pillows). Girls will sleep on deck 2 and boys will sleep on deck 3. Bedding and shower facilities are not provided. Air mattresses are for chaperones only, and cots or hammocks are not allowed.

The cost to you is \$30 per person, which includes the whole overnight experience and breakfast. If you are interested in going to this unique experience, please contact Chris or Jenny Guin.



News, Notes & Announcements...



DIRECTORY PICTURE UPDATES

Please meet Sheryl outside of Neville's office after am worship every second Sunday of the month **(that's today)** so that she can take your picture for the directory. This is for new members and members who need to update photos (new babies, recent marriage or just want a new photo).

SENIORS BIBLE STUDY & LUNCH

Tuesday, May 14th, 11am Bible Study at the building and noon lunch at Cracker Barrel.

MONTHLY REPORT MEETING

Sunday, May 19th at 4:30pm. All the men of the congregation are welcome and encouraged to attend.

SOUTH AMERICA MISSION

Brian Hall will be at Summit on the evening of Sunday, May 19th, to share about his work with Living Water 414 in Guyana, South America.

GRADUATION CELEBRATION

Please send a graduate bio that includes family info, graduation details, and future plans along with a senior picture to nkychurch@gmail.com (these will be used for the program) and email four pictures to Lauradhome@gmail.com for the slideshow by May 26th.

The celebration will be June 9th after evening services
Graduates include: Rob Alexander, Mason Brandon, Katie Browning, Caleb Hutchings, Chase Miller, Samantha Renner and Jesus Riera, Jr.

MARK YOUR CALENDARS:

- CHURCH PICNIC: Saturday, August 10th.
- MEN'S RETREAT AT POTTER'S RANCH: September 27-28, 2019.
- AM GUEST SPEAKER: BRIAN JONES: Sunday, September 29th.
- TEACHING ROCKET SEMINAR (PART 2): Sunday, October 6th.

TEACHING ROCKET SAVE THE DATE

BE A BETTER BIBLE TEACHER. BE A BETTER BIBLE STUDENT

Have you ever felt that you were not fully equipped to teach the Bible? Have you ever wished that you could feel more confident in sharing God's word in an engaging and convicting way? Do you want to be a better Bible student, but you're not sure where to start? We are excited to announce that Summit will be hosting Teaching Rocket! Michael Whitworth will be coming in from Ft. Worth TX to share ideas on how to be a better student and teacher of God's word.

Please mark your calendar for
Sunday, June 30, 10:00 AM - 4:30 PM.
Lunch and childcare will be provided.
Visit www.teachingrocket.org to learn more.
See Laura Doerr or Jenny Guin with questions.

Summit's Prayer List

Pray for these - Send a card - Make a call - Visit someone - Help with needs - Encourage someone today!

Angie Kremer (Friend of Doerrs) Cancer treatment is working; will continue and have another scan in 3 months

Barry Johnson Needs a liver transplant; recovering from recent surgery to help alleviate fluid retention

Caleb Robbins Surgery before transplant on July 9th

Chantel Perez (watches our services online from TX) Homebound with many health struggles, upcoming shunt surgery

Christy Tucker (**Amanda Robinson's friend**) Recent scan showed her tumors are shrinking; will have 6 more weeks of treatment, then another scan. She also has a vertebral fracture that needs repair.

Harold Harkins (**Janie's brother-in-law**) Unconscious at UK hospital; need to regulate his heart rhythm

Janie Hoskins Aortic aneurysm in heart valve does not require surgery yet, diagnosed with a lung infection, EKG and meet with cardiologist tomorrow

Lea Sebastian Recent surgery on both hands; all went well

Liam Landrum (**son of Bill Herald's co-worker**) 2 years old; diagnosed with a serious developmental disease

Mike Bauman (friend of Jenny Guin) Esophageal cancer; chemo and radiation continue; prognosis is good

Mike White Surgery went well; in rehab facility in Tucson

Raye (**Melissa's mom**) Upcoming neck surgery

Robin Reis (**Ed & Clara's daughter**) Will have a kidney transplant by January at Christ hospital

Ruthann Taylor Diagnosed with pneumonia in both lungs; difficulty breathing; following up with doctor

Sarah Herald (**Melanie Schaefer's aunt**) Stomach cancer has spread to her lungs; Hospice care at home.

Warren Bovard Cancer has spread; started more chemo

World Bible School Update:

Pray for our 18 active students

& 7 active teachers

Ongoing Requests:

Al Hickey; Barry Johnson; Caleb Robbins;

Dave Hammer Jr; Dan Hein; Scout Hughes;

and Shirley Hein

Ben Buchanan-Alaska mission

For our country and our leaders

For our members to grow in the Word

Godly Teachers at Summit

Neville Buchanan-counseling work



